



## Master Practitioner of NLP

So now you have completed your practitioner programme, are you ready to move on to the next stage, of mastery? Then join us for our NLP Master Practitioner Programme.

This course is accredited by INLPTA, and recognised worldwide as one of the leading NLP qualifications. After successful completion, you will be able to join INLPTA as a Master Practitioner of NLP. If you wish, you will also be able to join the Association of NLP (UK), as a Master Practitioner.

### Training topics

#### ***Advanced Linguistics***

NLP can be used anywhere, and sometimes the context is not appropriate to do formal change work. With the skills of advanced linguistics under your belt, you will be able to facilitate powerful change using language alone. You will learn a range of skills, including:

- The what, the why and the how of conversational change
- Robert Dilts' wonderful Sleight of Mouth Patterns, which will allow you to move your re-framing skills to the next level.
- How to use Meta Model III.
- More patterns from Milton Erickson's work.
- Conversational belief change.
- Linguistic sub-modalities, to move people on from stuck states.
- Practical applications for linguistic change, including relationships, education, therapy, coaching and business.

#### ***Personal Values and Metaprogrammes - our deepest filters.***

People can sometimes do puzzling things - things that make us scratch our heads and ask "what made them do that?" Two people can be in identical situations, and do completely different things. This is down to difference in their values and metaprogrammes. When you understand these, you can motivate, influence and communicate even more elegantly. In this section of the training, you will discover:

- How to elicit and utilise values.
- How to recognise and resolve values conflicts.
- How to elicit and understand metaprogrammes.
- How to use values and metaprogrammes for motivation.

#### ***Advanced Sub-modalities***

Building on practitioner work, in this section you will learn how to use neurological drivers to create lasting change, including:

- The allergy model.
- Compulsion blowouts.
- Advanced SWISH patterns.

### ***Advanced Strategies***

Having learned to elicit strategies in the Practitioner Programme, you now learn how to utilise effective strategies, and install them ecologically in self and others.

### ***Modelling***

Everyone is skilled at something, from cooking to sports, business to therapy. Modelling is the skill of working out what it is that the other person does to create excellence, and then installing that model in self or others. You will select someone who has a skill that you would like, and find out exactly how they do it - so that you can do it too!

### ***Advanced time code interventions***

Using Memory resolution techniques, you will reaffirm how to support people to let go of negative emotions, limiting beliefs, and past hurts, and help them create compelling futures.

### ***Breakthrough coaching***

This is where you bring it all together. After this session, you will leave the training feeling confident to make the changes you want to make in your life, and knowing that you can help others achieve that for themselves. Many students describe this process as transformational. You will have an opportunity to give and receive a Breakthrough session, where you will:

- Take a detailed personal history.
- Re-align values that are in conflict.
- Use time code interventions to release negative emotions like anger, sadness, fear and guilt from the past.
- Delete limiting decisions and beliefs.
- Create a compelling future.

### **Training style**

People learn in different ways, so we aim for a mix of training approaches, to cater for everyone's preferences. Certainly, there is a lot of emphasis on "doing", and you will have lots of opportunity to use the NLP tools and techniques with other people, as well as experiencing them yourself. The group will be small to ensure you get all the individual attention you need. It will be hard work, and lots of fun! Be prepared to get the most out of the training by really stretching yourself, within a safe and supportive environment.

### **What else do I need to know?**

This is an advanced programme, and it can be tough at times. However, you will get lots of support. It lasts for 15 days, over four weekends, and you need to make an effort to attend every day. We understand that life sometimes gets in the way, so if you have a genuine reason for absence, such as illness or bereavement, then talk to us - we will do everything we can to help you complete your studies, although it may delay your certification.

Practitioner certification is a pre-requisite of this training, and we are happy to consider applications from students who have done their initial training with other schools. Please call us for a chat, and be prepared to discuss the content of your Practitioner programme with us. That way, we can work together to identify any gaps that we need to help you cover before the training, so that you can get the most out of your Master Practitioner experience.

Our aim is to help you achieve your goals, and we will do everything we can to assist you in that. However, you will be going out there with our name on your certificate, and working

with real people, so we need to be sure that you are using these powerful change technologies competently and ecologically. If we have significant concerns about your ability or willingness to do that, we do reserve the right to ask you to leave the training. However, that's not something we expect to happen!

Lots of us don't have good feelings about "testing" so we base your assessment on evidence of your developing competence, and your integration of feedback.

We will assess you on the following basis:

- Your ability to work from an outcome frame, in a resourceful state, using sensory based calibrations, and demonstrating behavioural flexibility.
- Your ability to maintain rapport between yourself and other participants, staff, assistants, and anyone else associated with the training. If rapport is lost, you accept the responsibility to re-establish it.
- Your ability to use the tools with other people, and also on yourself.
- Your attention to ecology and ethics at all times.
- Your behavioural competence with the Practitioner and Master Practitioner techniques.
- Your ability to do individualised interventions.
- Your ability to display integration of the skills, knowledge and distinctions of the Master Practitioner programme.
- Appropriate state management.

We will also ask you:

- To complete a written integration exercise, of around 100 questions. This helps you review your practitioner-level knowledge, as well as beginning to integrate the Master Practitioner areas. It is done as an open book activity, out with teaching hours, and you will need to complete it for certification. You can feel very relaxed about this, as you may submit it more than once, and receive feedback on any additional work you need to do. Expect to spend around 50 hours before the training doing this as pre-course work, and reviewing your practitioner material.
- Undertake a modelling project of your choice.

### Why train with us?

We are passionate about what we do. We focus on quality, service and results. We will do everything we can to help you achieve your outcomes. Our support doesn't end with the training—you can contact us at any time afterwards if you need further help or advice.

**We care about your success— you can go all the way to the top with us! For more information about our trainers, other courses we run, our price list, and for our terms and conditions, please visit us at [www.charisnlp.co.uk](http://www.charisnlp.co.uk)**

